

## Onsite Facilitator Training

*The difference is not in the training... it's just how we do it!*

SMART Recovery is unique in the way we support those desiring to abstain from various forms of addictive behavior. The way we train individuals to become a SMART Recovery Meeting Facilitator is also unique. We believe our recovery concepts, tools and meeting facilitation quality play a very significant role in helping individuals abstain from their addictive behavior and in developing lifetime healthy self-management choices.

If you have the need or desire to train 10 or more individuals within your organization, we have tailored a live, onsite training program to meet your needs.

### How can Onsite Facilitator Training benefit your organization?

- Highly interactive, including multiple role-plays of practical meeting scenarios
- Live demonstrations of the various tools used in SMART meetings
- Helpful discussions on the SMART Recovery Handbook, Facilitator's Manual, and training materials
- Discussions of CBT, REBT, Motivational Interviewing and other SMART Recovery concepts
- Question & Answer sessions to ensure understanding
- Training completed in two days, providing the ability to facilitate a SMART Recovery meeting or use the SMART tools and techniques with your clients immediately after the training



*Recovery Ways, December 2016*

### Frequently Asked Questions:

#### Q. How much does the onsite training cost?

A. The training cost will vary based upon the number of participants, trainer travel costs, etc. For a Statement of Work (project-specific activities, deliverables, timelines, etc.) and a pricing quote, please submit your information [here](#) or contact us by email at [onsitetraining@smartrecovery.org](mailto:onsitetraining@smartrecovery.org).

#### Q. Do the trainees need to be professionals?

A. No! Participants can include professionals, clinicians, peers, family members, or anyone else in the community wishing to start a SMART meeting. You are both welcome and encouraged to invite community members or others in your area to join the training.

#### Q. What will we need to provide for the training?

- A meeting room/facility large enough to comfortably seat all attending classroom style
- A projector, screen, and a laptop with PowerPoint
- Three flip charts on easels
- A lavalier microphone and sound system (only if the room is large)
- A 6' or 8' table at the front of the room
- Internet access in the training room is helpful, but not required

## Our Onsite Trainers...



**Rod Allwood** has 40+ years of experience in management, instructional design, technical writing and strategic planning in corporate and non-profit environments. His volunteer passions have included being a past Board Member of National Alliance on Mental Illness (NAMI) in Lake County, OH, a past Board Member of Beacon Health, past Chair of Joseph House (an inner-city immigrant housing program) and currently as a SMART Recovery meeting facilitator and Regional Coordinator.

**Feedback received:** *"Knowledgeable, motivating, and used excellent visuals. Very clear and easy to talk to."*



**Hugh Delaney** has led more than 400 area meetings guiding participants with SMART's philosophy. He's presented the SMART Recovery program to health departments, treatment clinics, national conferences, radio programs, colleges, and has represented SMART at SAMSHA's National Recovery Month planning sessions. He organized the first Family & Friends weekly meeting with the roll-out resulting in more than 15 national meetings and served as the Mid-Atlantic Regional Coordinator responsible for mentoring 20 facilitators, recruiting and training new volunteers, and executing area marketing activities. Hugh has many years of management experience, business development skills with a strong marketing and operations background.

**Feedback received:** *"Clear and concise. An excellent training!"*



**Lorie "Hammer" Hammerstrom** has been a volunteer for SMART Recovery for many years, is a past member of the Board of Directors, and a long-time advocate and volunteer for SMART Recovery Online. She's served as a 4<sup>th</sup> and 5<sup>th</sup> grade teacher for over 20 years, receiving many awards along the way for her teaching skills and her after school Space Camp program. (Lorie has twice been selected to participate in NASA's Adult Space Camp Academy.) She's a favorite with her 4<sup>th</sup> graders and in our onsite training program!

**Feedback received:** *"Very friendly and personable; provided positive feedback and encouraged questions!"*



**Gayeane "Sam" Lester** shares, "Volunteering as my boys grew up—in both the artistic and athletic fields—was part of my early life and continues today. I've been involved with SMART Recovery for the past 12 years as an online meeting Facilitator, the Online Facilitator Liaison, and as part of the "Get SMART FAST" training program team since 2011. As a team, we follow and guide the trainees through each of the ongoing 8-week online training sessions which wrap up with two live online meetings. I've always enjoyed being a part of the SMART Recovery Online community, not only for others but also for my own well-being, as the SMART program and tools changed my life."

**Feedback received:** *"Very nice and personable. Understanding, helpful and knowledgeable."*

## **A partial list of our “onsite” trained organizations:**

- PA Department of Corrections
- Worcester Recovery Center and Hospital
- NJ Department of Corrections
- CompDrug
- Syracuse Behavioral Healthcare
- Best Drug
- Gateway Behavioral Health
- Southwest Behavioral Health Management
- Project Proven—Western Technical College
- Recovery Ways
- Turning Point of Vermont
- Hamilton/Niagara Regional Centers
- Highland Springs Behavioral Health